

Remembrance & Renewal Study

We've touched lightly on the importance of "Relaxation & Rest" in our letter to you, but in this study, we will be taking a look at the other "R & R" – **Remembrance & Renewal**. It is remarkable how often throughout God's Word that He stresses the importance to "remember." I looked it up in the Strong's Concordance recently and found it to be 148 times!

As I reviewed the verses about "remember" and "remembrance" I was curious of what things God asked us to remember. What a delight it was to study God's Word and to have God show me a whole list of things that were important to Him for me to remember. My philosophy is...God chose His Words very carefully...If it was important enough to record it, then it means a lot to Him that I pay attention to His every Word. Which means when He tells me to remember something...I should do just that! Below is a paraphrased listing of what God tells His children to remember and Scripture references to look up.

- ◆ **Remember the day of your deliverance!** For the Israelites, it was Passover...as God brought them out of Egypt (Exodus 13:3). As God's chosen people, grafted into His Kingdom, this too is our heritage! As you reflect on your own personal deliverance, reflect also on Passover and the beautiful picture of Jesus and the Redemption Plan that we see through the first Passover.
- ◆ **Remember the Sabbath Day and keep it holy (set apart)** (Exodus 20:8). God tells us clearly to "rest" on the Sabbath. For me, it is a day to "Rest & Reflect"-especially on His Creation and Redemption, and His Word! To set this day apart from all others. After a busy week, I look forward to the Sabbath! What a joy it is to enter into His rest! Sometimes this rest will call me to serve others. Whether I am literally resting, or serving others, this day is set apart unto God and I rejoice greatly in it!
- ◆ **Remember God's Commandments** (Numbers 15: 39-40). Oh the importance of knowing God's Word, what He has commanded me to obey! His Word tells us that "If you love Me, you will obey My commands." Ouch!
- ◆ **Remember where you've been and where you are now** (Deuteronomy 5:15; Deuteronomy 15:15; Revelation 3:3)! When the Israelites were in Egypt they were servants, but God delivered them. Proclaim the Truth Statements of Who You Are In Christ—*Because I am in Christ, I am.....* Stand firm and be alert!
- ◆ **Remember how God has led you through the wilderness** (Deuteronomy 8:12). Give Him *Praise* for what He has taught you, for safety, for deliverance!
- ◆ **Remember God** (Deuteronomy 8:18; Ecclesiastics 12:1; Psalms 22:27; Psalms 63:1-6)!! It is He that gives you everything you have! Everything!! Remember Him TODAY! Praise Him! Worship Him!
- ◆ **Remember the days of old** (Deuteronomy 9:7; 24:9; 32:7; Psalm 143:5; Isaiah 46:9; Luke 17:32). From the beginning of Adam and Eve...through all generations....God is the GREAT I AM. Recall His miracles and ALL that He has done! Recall His mercy and grace! Recall what happened to the children of Israel for disobedience. Please note, that God also tells His children to not get stuck in the former things---in sin, disobedience, in our former selves...for God is doing a new thing (Isaiah 43:18)! Because we are in Christ, we are a new creature! The old has gone, the new has come!

- ◆ **Remember His Marvelous Works** (1 Chronicles 16:12; Psalms 77:11; 105:5; Matthew 16:9). Praise Him, He is worthy of ALL praise! Recount what He has done for you!
- ◆ **Remember His Name** (Psalms 20:7). Powerful and Precious Name....Name above ALL names. His Name proclaims Who He Is. Give Him honor and high esteem by proclaiming Who He is to you! Abba Father, Savior, Prince of Peace, Elohim, El Shaddai, Mighty God, Jehovah Nissi, Jehovah Jireh, Yeshua....Proclaim the Powerful, Saving Name of Jesus!

(Refer to the list of the Names of God in the back of your Phase I Seminar Handbook.)
- ◆ **Remember His Love** (Song of Songs 1:4). Reflect on God's great love to you. He draws you close to Himself! You are dearly loved!!
- ◆ **Remember what Jesus said** (John 14:26; 15:20; 16:4; Acts 20:35). Jesus has given us His Spirit to teach us and to bring into remembrance the things Jesus has spoken to us. The Spirit brings to remembrance the Word of God which is hidden in our hearts. In the beginning was the Word and the Word was with God and the Word was God....He become flesh and dwelt among us! Jesus! The Spoken Word is powerful and mighty to save!
- ◆ **Recall what God has done.** Speak out loud your own Personal Profession of Faith—Proclaim it!
- ◆ **Remember Jesus' perfect sacrifice of His life for you—Salvation** (Luke 22:19; 1 Corinthians 11:24-25). We were bought with a great price....Jesus' life! We belong to God. Do not take this lightly! His sacrifice was much too great for us to live a defeated life. Exalt Him! Thank Him! Live for Him!
- ◆ **Remember that Jesus was raised from the dead** (2 Timothy 2:8). Rejoice in Christ's Finished Work! He conquered death! Our King is alive and in charge! Our salvation is complete! (See excerpts included in this packet from the "Faith & Trust" book.)
- ◆ **Remember the poor** (Galatians 2:10). Put God's love into action!
- ◆ **Remember it is more blessed to give than to receive** (Acts 20:35). Give with a cheerful heart. Store up your treasures in Heaven!
- ◆ **Remember those in authority, those who have spoken to you the Word of God** (Hebrews 13:7). Lift those in authority up to God, bless them, respect them.
- ◆ **Remember from where you have fallen** (Revelations 2:5). If your love for Him has grown cold...heed this warning in Revelations and do not delay. Run to Him, repent and stand firm in who you are in Christ!

God's Word is a love letter to His children! He wants the best for us! We prove our love and trust to Him by listening to what He tells us and by doing it! As indicated above, there are many things we are to remember. God, understanding how quickly we forget, and how distracted we become, addresses how to do this in His Word in many places. We will look at three different passages.

In Deuteronomy 11:18-20, God tells us:

“Therefore shall ye **lay up these My Words** in your heart and in your soul, and **bind them for a sign** upon your hand, that they may be as frontlets between your eyes. And ye shall **teach them** to your children, **speaking of them** when thou sittest in thine house, and when thou walkest by the way, when thou liest down and when thou risest up. And thou shalt **write them** upon the door posts of thine house, and upon thy gates.”

In Numbers 15:38-41, God also instructed the Israelites to do the following:

“Speak unto the children of Israel, and bid them that they **make them fringes** in the borders of their garments throughout their generations, and that they put upon the fringe of the borders a ribband of blue: And it shall be unto you for a fringe, that ye may **look upon it**, and **remember all the commandments of the LORD**, and **do them**; and that ye **seek not after your own heart and your own eyes**, after which ye use to go a whoring: That ye **may remember**, and **do all My commandments**, and **be holy unto your God**. I am the LORD your God, which brought you out of the land of Egypt, to be your God: I am the LORD your God.”

1 Corinthians 11:24-25:

“And when He had given thanks, He brake it, and said, **Take, eat: this is My body**, which is broken for you: this **do in remembrance of Me**. After the same manner also He took the cup, when He had supped, saying, **this cup is the new testament in My blood**: this do ye, as oft as ye **drink it, in remembrance of Me**.”

Oh, how well God knows us! In the passages above, He pleads with His children to take action to remember. What actions did God tell them to do so that they would remember? Reread the passages above and review the bolded/underlined words. God was certainly serious about this! He even gave them specific instructions on how to accomplish it! I believe that these instructions are for today too!

Before we tackle how to practically apply this in our lives, we must also dig into what the other “R” stood for— “**Renewal**.”

What does “Renewal” mean?

Webster’s Dictionary defines renewal as: the act of renewing. To break this down further, renew means: *To make new; to make fresh; to renovate; to transform; to change from natural enmity to the love of God and His law; to implant holy affections in the heart; to regenerate.*

God’s Word tells us in Romans 12:2— “And be not conformed to this world: but be ye transformed by the **renewing of your mind**, that ye may prove what is that good, and acceptable, and perfect, will of God.” And in Ephesians 4:23— “And be **renewed** in the spirit of your mind...” Even King David cried out to God, “Create in me a clean heart, O God, and

renew a right spirit within me” (Psalms 51:10). O may the cry of our hearts too, be for “Renewal!”

How do we take action and receive renewal? One of the ways is by following the Biblical Principles laid out for us in Phase II of the New Hope Seminar Handbook. If it has been some time since you reviewed these Biblical Principles, I encourage you to take the time this week to bring these “back into remembrance” by reviewing them.

Following is a list of actions to take to receive renewal of our mind and spirit:

- ◆ Renounce the lies of the enemy. Speak God’s Truth!
- ◆ Stand firm on the Word of God. Speak it! Believe it for yourself!
- ◆ Speak those things that you are putting off and what you are putting on instead. Again, speak the Word...because it is written!
- ◆ Be alert and literally bring every thought captive unto Christ, which does not line up with who you are in Christ! Take action! SPEAK it!
- ◆ Speak the Truth Statements of Who You Are In Christ boldly.
- ◆ Speak your Personal Profession of Faith. This is God’s special revelation of Truth to you. Continually add to your Personal Profession of Faith, or make changes, as God reveals more of Himself to you.
- ◆ Trust God to “complete the work that He has begun in you!”
- ◆ Wait upon Him! Isaiah 40:31 says, “But they who wait upon the Lord, He shall **renew** their strength and they shall mount up like eagles, they shall run and not be weary, they shall walk and not faint.”

So, how can we implement this “Remembrance & Renewal” in our every day life?

Some ideas may be:

- (1) Post Scriptures and your Truth Statements in prominent places in your home, such as mirrors, on the refrigerator, in your cars, etc. Speak them aloud when you see them.

My daughter has posted favorite scripture passages on our bathroom mirror and several on the window above the kitchen sink. I enjoy the blessing of seeing each of these every day!

- (2) Develop habits of associating items/occurrences/tasks to be specific markers (signs) to bring things into remembrance. Some examples are:

- ◆ **Red Lights:** Every time you stop at a red light, speak your favorite Bible verses or praise God for as many attributes as you can proclaim during that red light, or recite the two greatest commandments... “Love the Lord your God with all your heart, soul, mind and strength and love your neighbor as yourself.” Ideas are endless!
- ◆ **Mindless Tasks:** When washing dishes or other tasks that do not require much “concentration,” use this opportunity to instead speak out loud the Truth’s God has been revealing to you. Remember, speaking God’s Truth’s will renew our minds! Some ideas:

- a) Mediate during that time on a Truth Statement...speaking it out loud and the Scriptures relating to it. Or,
- b) Read through your “Who God Says I Am” book mark. Or,
- c) Speak out loud your “Put Off-Put On List with Scriptures. (If you need a refresher on this exercise, you will find a complete list and instructions regarding the “Put Off-Put On” Biblical Principal in Phase II of your Seminar Handbook.)

◆ **Exercise times:** Tailor it to what works best for you.

For me, I have created a binder as well as a collection of loose note cards. In my binder I have placed copies of:

- a) my “Personal Profession of Faith,”
- b) a collected list of things I am thankful for and praise God for,
- c) my personal “Put off-Put On list with Scriptures, and the
- d) Truth Statements with Scriptures

There is so much more I could also include in this binder. Since it is a binder, I can easily add new things at any time.

When I am walking on the treadmill, I speak out loud the items placed in my binder. I have found this to be a powerful time spent “walking in the Spirit.” The time and miles fly quickly by!

When I am walking outside, I take with me the loose note cards, which have the Truth Statements on them and other reminders of what God is speaking to me about. They easily fit into my pocket and are useful to prompt me to bring those things back into remembrance and then proclamation!

If you have an IPOD, or other listening device, listening to the Truth Statements of “Who You Are In Christ” and your own “Personal Profession of Faith” are powerful ways to keep before you the Truth God has revealed to you!

◆ **Speak God’s Word through prayer:**

The New Hope materials have provided many prayers that are applicable for many different situations. There are even resources available, such as the “Prayers and Principles” Booklet of all the prayers out of the New Hope materials, for your convenience (see the New Hope Resources Catalog or the E-Store on our website: www.NewHopeMinistryAndCounselingCenter.org)

My family knows first hand the importance of speaking God’s Word through prayer! My daughter, Emily, has been “labeled” as mildly retarded and is on medications for a seizure disorder, depression and until recently for aggressive behaviors. Even though Emily has a 4th

grade level of reading and comprehension, she has faithfully been reading the “Sound Mind” prayer from the New Hope materials for the past several months. She may not have the comprehension ability that we have to understand it fully, but she faithfully reads this prayer and believes that God has indeed given her a sound mind!

God has set her free in a miraculous way! She is now off of one of the medications and the seizures have greatly decreased! We stand believing in Christ’s Finished Work of complete Salvation for Emily, which includes a complete healing of her mind! (Literally and Done!)

In future issues, I will share more about Emily...but for now...please know that speaking God’s Word through prayer is powerful...making wise the simple! Please know that drawing from the “Wells of Salvation” does indeed bring deliverance from more than just sin! (See the excerpt from “Faith & Trust” book enclosed.) We have witnessed it with our own eyes and testify to God’s Power and Goodness!

- ◆ **Apply the Blood!** Remember the power of Jesus blood!
 - a) Listen again to the Tape “The Speaking Blood” by Pastor Jack Hayford.
 - b) Reread the section in Phase II –“The Speaking the Blood.”
 - c) Apply the Blood! Besides when obviously needed, consider choosing a certain day of each month to take communion in your home, as a family, to stand believing in the power of Jesus’ blood to cleanse and protect your family, home and property of any schemes of the enemy.

Wrapping it up!

Above are only a few ideas to consider. Be creative! Find what works for you and do it. No matter what your schedule is...there IS a way! Remembrance & Renewal is important to a deeper walk with God. **Take time each day for “R & R”!**