



# New Hope Counseling Center

Summer 2005

## **G**od's Sovereign Hand

What an awesome privilege to get to see God's hand at work in so many areas and in so many lives. He is *good*. His timing is always perfect, never late, and His plan is always best. Time and time again He uses these things to remind the counselees *and* us to trust Him. Here are a few more of those *only God* things:

God is bringing to New Hope some incredibly talented people who want to honor Him with their gifts and abilities.

Betty Willis has made a beautiful CD entitled *Free Indeed*. Copies are available at the center for a donation only.

My family has been in the process of building a house over the past three years. I wanted to honor God in every room of our new home, so I decided to have a special Scripture verse framed to place in each room. What perfect timing it was when God sent an artist to New Hope. Corey Kramer is a professional artist. I asked Corey to handwrite these verses out for me, but he turned them into something more incredible than anything I had imagined. We talk about 'home cleansing' in our counseling program and I see these Holy Spirit inspired pieces as continual home cleansing works. We have some of these pieces on display at the center. I wanted to share them with everyone for awhile because I think there could be an incredible market for something like this.

Corey has also designed a t-shirt logo, "Warriors in Christ," symbolizing Luke 10:19. The two sword blade cross represents Jesus, the shield represents God the Father, and the fire represents the Holy Spirit. The shirts are also on display at the center with order forms.

We at New Hope want to promote their endeavors and they in turn want to bless New Hope having committed a portion of their proceeds to this ministry.

We have had many people tell us, including an attorney that we should have our handbooks copyrighted. We are now in the process of doing that and we have felt the Lord's leading that it may also be published. I believe we now have confirmation on that. At the second session of one of the seminars we are currently holding a young lady who is attending came up to me and asked if we had ever thought of having the handbook illustrated. I told her it had crossed my

mind. She told me that she was in college to be an illustrator and that she would illustrate our book if we wanted her to. She brought some drawings to show me—drawings she had done three months before she had even heard of New Hope. She said when she was working on them God told her they were for a book. When I took a look at them I was speechless. She had 14 drawings and each one fit an exact place in our materials. She had written captions under each one and each one was pretty much an exact line out of our materials. I knew exactly what page each drawing was to go on. This is incredible. I believe that Shawna Morgan is going to be greatly blessed by God as an illustrator. I continue to stand in amazement as I watch God work out His plan.

We now have 20 counseling teams meeting with 25 counselees once a week. 28 volunteers serve at the center once a week and a total of 58 people are serving in some capacity including staff, board members, committee members, or Intercessory Prayer Team members. It truly is the outworking power of the Body of Christ and we give Him all the glory and all the praise.

*Cindy Farrington, Director*

## **C**hildren's Materials

"Do you counsel children?" was actually the very first phone call I received from someone inquiring about New Hope's services. From the very beginning I knew that someday our materials should be transposed into a child form, but I knew that I was not the person to do that. I also knew that God would send the person who was supposed to do it. As it turns out, the very first counselee to go through our counseling and graduate from our program is who God chose. New Hope's very first counselee, Vicki Gardner, is now a volunteer at New Hope and has spent the past several months transposing our actual Counseling Handbook into the child form that was envisioned from the beginning. I asked Vicki to write an article to share this expanding aspect of our ministry:

"See what (an incredible) quality of love the Father has given (shown, bestowed on) us, that we should (be permitted to) be named *and* called *and* counted the children of God!" (1 John 3:1). This scripture was used as part of our prayer time with our

—Continued on page 2

Continued from page 1—

first child to be counseled here at NHCC. God, of course, views us all as His children, but the children that He brings to us at NHCC to be counseled are the ones we are to very tenderly love, and bring much hope to and guide carefully to bring healing in their lives.

Our first child is a nine year-old girl, and she is beautiful and extremely bright and very open and honest. She has been on our waiting list for quite awhile, a counseling team was now ready, the children's materials were ready, and God gave us the go ahead. One major sign that God was giving us the green light to counsel children was a recent phone call. Connie Drake had dropped off a workbook/colorbook for Cindy to take a look at, that she thought we might be able to use. We like the book and decided to use it in our first opening session with the child, so that we could get to know one another and build trust between her and the counseling team. Cindy said, "Vicki, go ahead and call that number on the front page and order some more." We had only one copy and needed a few more to get started. Vicki made the call and talked to a lady from Trinity Church in Omaha, Nebraska who uses the workbook. She is very involved in her church and has her own counseling ministry. Vicki was going to purchase 15 copies, but the lady insisted that she wanted to send us 25-50 copies free of charge! She then forwarded Vicki to a fellow church member who prints the workbooks, and he said he would send us a box of 180 for only \$10.00 to cover postage! We believe that God generously provides, and this was definitely a moment when our "cup overflowed" with blessings.

Trinity Church has a couple of women who use pure biblical counseling to counsel children and have much of the same attitudes that we do here at NHCC. Vicki plans a trip in August to visit with the women in more detail about the materials the women use, their approach in biblical counseling with children, and specifically, to listen to the women share what makes their program a success.

We are still working on the "Children's Materials" and that will be a work in progress as we take our first child through the program. I hope to use additional books, art, videos, games, or whatever God puts in my path to supplement the handbook that was originally designed for adults. I am still working on the children's handbook, using the adult as a firm guide. This adult handbook has been a gift from God for our counselees in healing and turning people's lives

around and using "what the devil intended for evil, as good." As the year and our counseling sessions progress, we will keep all of you updated on the development of the children's program and God's miracles and blessings in this ministry.

—Vicki

## **A**nnual Banquet Results

We had a wonderful turnout for our annual fundraising banquet with around 250 people attending. Russ and Lisa Dillavou catered a lovely meal. It was held at First Baptist Church in Centerville this year so we were able to then hold the program in the sanctuary. We had a powerful time of praise and worship together, enjoyed several special music songs, and were then blessed by the personal testimonies of five New Hope counselees. We were able to video tape the program, so if you were not able to attend and would like to see it, give us a call and we will have a tape or DVD for you to watch.

The total that was raised, including pledges for the year was \$29,625.00. Most of this amount was in pledges, so the Lord is continuing to require us to walk by faith each month and it is a joy-filled adventure to do so. We are so thankful for God's provision and that He is using His people to provide it. Matthew 10:41 says, "He that receiveth a prophet in the name of a prophet shall receive a prophet's reward; and he that receiveth a righteous man in the name of a righteous man shall receive a righteous man's reward." This means that when you help someone else who is called to do something, you get the exact same reward they get. We truly are co-workers on this and we are so grateful for the gifts and pledges that so many of you have so generously made. God bless you richly!

## **N**ew Marketing Director

Not only was Corey Kramer a very talented artist, but he also had a background in advertising and marketing. As Corey neared the end of his counseling program here, he had a great desire to give back to this ministry. At the same time we had been receiving an increasing number of requests from other people and other ministries wanting to know if they could incorporate our materials into their own ministries. Several people suggested putting the materials into a kit form for others to duplicate our ministry. Our Board of Directors decided to hire Corey for two

—Continued on page 3



Continued from page 2—

days a week to begin working on professional packaging of this ministry and the marketing. Again, only God could have arranged for someone with that skill level to be willing to work at the modest pay level we could offer. It also fits well into his professional artist schedule. Did you notice our new logo? That was Corey's first project! I've asked him to share a little bit about himself and his experience at New Hope:

*I feel so blessed that God has placed me in a position at NHCC within weeks of my finishing the counseling program. I sensed that God has given me the responsibility of Marketing Director in which to show me I am something special to His Kingdom. The faith that I have for Him has, in the heavens, been turned around and directed to me. I am honored to be serving my God with such enthusiasm and love, working alongside two great women of God and the rest of the people that God has hired for His business.*

—Corey

## **B**iblical Counseling Seminars

The interest in our Biblical Counseling Seminars is also growing. Since we began we have given 10 eight-week seminars with 179 people from 42 different churches. The seminar consists of taking the participants through the actual counseling materials that we take a counselee through, but with the counselor's handbook so they can see all of the "notes to counselor" and instructions to follow. We are currently holding one in Centerville on Monday mornings and one in Albion on Monday evenings. If you are interested in attending a future seminar just give us a call at 641-856-3326.

## **O**n-going Fundraisers

**Cell Phones:** Have any old cell phones just lying around? We hope you don't tire of hearing about the cell phones, because we really appreciate the benefits we receive from turning in your donated old phones to Cell Fund. Please help us pass the word to others about how they can help us out by donating their old used cell phones (no matter what condition). You receive a tax deduction of \$40.00 per phone!

**Change Jars:** Need a place to put all that loose change you accumulate? We have change jars available. We call it "Change for Change." Your spare change goes to help people make lasting change in their lives. Maybe your children would enjoy this as a special project.

**Ink Cartridges:** Don't throw those old printer ink cartridges away! This fundraiser works just like the cell phones. Just drop off the used ink cartridges and we can turn them in for cash. What an easy way to help others.

**Sponsor a Client:** Since all of our clients receive our services free of charge we have made it available for donors to sponsor a client's entire counseling program. A donation of \$100 per month would cover the costs involved to take one person through our counseling program. If you would like to be a sponsor we will then give you that person's first name and some specific prayer requests so that you may also be interceding on their behalf the whole time and really be a part of their healing process.

**Dove Dollar Days:** We want to give all of God's people in every church the opportunity to be a part of this ministry and we truly believe the Lord has given us the idea for a very simple way that you can do this. If every person in each church would give an offering of just \$1 once a month to help this mission, our monthly financial needs would be met and New Hope Counseling Center would truly be an extension of the local church. We are asking you and your church to join with us as we celebrate *Dove Dollar Day* on the first Sunday of each month. We would send you each month flyers with attached envelopes for you to insert into your bulletin and ask that you then just return all of the envelopes to us. If you would like to be the contact person in your church for this mission drive please give us a call at 641-856-3326.

We fully believe and know that God shall supply all of our needs according to His riches in glory by Christ Jesus (Philippians 4:19). Our main goal is to give Him glory in His provision and to bring Him glory in everything that we do. Jesus is LORD over this ministry.

## **P**arenting Classes

Greg and Rachele Colegrove, who are two New Hope volunteers, also conduct *Growing Kids God's Way* parenting seminars. After receiving several inquiries into parenting classes we asked the Colegroves if they would hold their next seminar here at New Hope. This is a 20-week course and it will be held on Tuesday evenings beginning September 13<sup>th</sup> from 6:30 p.m. to 9:00 p.m. The cost will be \$75 per couple, which covers the class and two workbooks. The cost for singles is \$35. The class is limited to six family units so give us a call right away at 641-856-3326 if you are interested in order to reserve your spot.



## **I**ntercessory Prayer Team Members Needed

"The man who can get believers to praying would, under God, usher in the greatest revival that the world has ever known." —Leonard Ravenhill

Intercessory prayer is vital in the ministry of New Hope Counseling Center. What is intercessory prayer? It is a ministry. It is praying that is systematic, regular, and planned. It is not *just* the quick shot heavenward or a "God bless our missionaries" type thing. It is prayer that is focused, planned, and consistent. Prayer is a high and holy calling, a responsibility, and the greatest privilege of the Christian experience. In the wonder of it all, God has programmed personal prayer into the operation of His universe. What may happen in our personal lives, in our churches, in this ministry, and in the lives of those this ministry will touch, could be immeasurably more than all that we could ever ask or even imagine, according to His power that is at work in us (Ephesians 3:20). To pray earnestly, consistently, and purposefully for others is to render service of the highest order.

As this ministry continues to grow, we need more prayer warriors who will join with us on our Intercessory Prayer Team to stand in the gap for those God brings to us to minister to. If you are interested in joining our ministry in this way please contact us at 641-856-3326. You will receive a binder of materials on intercessory prayer and our monthly prayer needs. This involves a commitment to pray daily for one or two of our counselees by name (first names only are given out). You will be given specific requests for your person and updated monthly. There is an emergency prayer chain set up among the team members for urgent needs. And for those who are able to come, there is a monthly prayer meeting held on the second Monday of each month. Andrea Clark is our Intercessory Prayer Team Director who organizes all the volunteers and requests and leads the prayer meeting.

## **C**ounseling Spotlight

(Each newsletter we would like to spotlight the actual counseling information that we cover with our counselees and the information will be given to you in the same order that it is shared with our clients.)

In our last Newsletter we shared with you the Handout on "Emotional Healing" and introduced the truth that you can't always go on feelings. This spotlight will cover the summary of the Charles Stanley Audio, "That Hopeless Feeling":

Hope is: The desire for something good with the anticipation of receiving it.

Hopelessness is: The complete absence of the anticipation of that something good.

Despair is: The total absence of all hope.

The Psalms are wonderful examples of mountaintops and valleys, of David expressing what he feels, expressions of hopelessness and hope. See Psalm 42 (and 43). David often moved from mountaintop feelings to feelings of total despair. (So many people are lost in despair, lost in hopelessness. Our mission is to bring hope to the hopeless.) There is a big difference between "feeling" hopeless and "being" hopeless. There is also a difference for believers and non-believers. If they are without Christ— they *are* without hope. But no child of God is ever hopeless. As long as there is a God in heaven— there is hope. We may "feel" hopeless, but it is not *true*. (Once again— wrong thinking).

Reasons people feel hopeless: 1). They feel their circumstances are impossible (Abraham and Sarah). Acts 27:18 - Paul on the storm tossed sea (hope was gradually abandoned). 2). They feel abandoned by God. May come because they feel guilty. 1 Samuel 28:18 - King Saul disobeyed God. 3). When their dreams are shattered. Matthew 27:3 (Judas). People respond in different ways. Luke 24:17-32 (the apostles who finally *saw* Jesus). 4). When their dreams and hopes are continuously delayed. Proverbs 13:12, "Hope deferred (unfulfilled) makes the heart sick (depressed)." Why? Because we do what is normal— we begin to look at the circumstances. Then we allow Satan to steal our hope, our dreams. *We* surrender them to a sense of despair.

When a person becomes hopeless, all kinds of things begin happening. When the heart gets sick it leads to: Depression, lack of energy, a sense of defeat. It can effect your mind, your emotions, even your body. Keep in mind: We've all gone through times of despair when "feelings" say God doesn't care, feelings of hopelessness and our yielding to feelings. But God's greatest revelations to us about Himself usually come after such times. Going through that time is when God is getting us to the place that He can reveal something to us.

If you have God— you have hope— no matter what. The only example of total hopelessness: Luke 16:22-26 (the poor man and the rich man). Dying without the Lord Jesus— there is no hope. Their state is fixed— endless suffering— no going

—Continued on page 5



— Continued from page 4

back— absolutely no hope. Matthew 25:46 contains an awesome warning, “And these shall go away into everlasting punishment: but the righteous into life eternal.” (See also 1 Thessalonians 4:13).

Consequences of this hopelessness: (a hopeless society) No matter how much money you throw at problems— they just get worse. Hopelessness is increasing and intensifying. Life seems so hopeless. In a society that is becoming more and more hopeless— hopelessness produces anger, violence, then they need something to numb their mind: alcohol, drugs... Until finally they realize nothing they do or take will ever change their circumstances → suicide.

But there is a cure for all hopelessness → God. See Psalm 42:11 and Psalm 43:5. The Psalmist in his deepest despair— does the wisest thing— turns to the rock of God. (See Psalm 33:18; Psalm 39:7; Psalm 71:5. What does he do? He *cries out* to God (that is a key): “my hope is in God,” “hope is found in God,” “our hope is in God,” “my God,” “my God,” “my God.” No matter what he faced— God was there.

May the God of hope fill you with all joy and peace as you trust in Him, so that you may overflow with hope by the power of the Holy Spirit. (See Romans 15:13). If we are hopeless, we need to look to God, place our trust in Him, and He will give us hope. Only God can give us hope. Hope will come as we *place* our trust in Him. No circumstance we face can be hopeless with God in us and by our side. He will never leave you or forsake you (Hebrews 13:5). If you have Jesus in your life— you have hope. If you keep your focus on Him— He will do what He promised— fill you with joy and peace, you will overflow with hope.

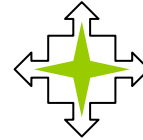
**We want to stress that you can’t always trust feelings. Feelings aren’t always true. If you have God— you have hope— no matter what things look like, no matter what things feel like.**

*Be thou diligent to know  
the state of thy flocks,  
and look well to thy herds.  
Proverbs 27:23*

## **A**udios:

We now have our counseling material handouts available on audio. Gary Cline, one of our board members, who has a background in radio has been working on this new aspect of our ministry. Thank you Gary!

**LIVE IN THE FLESH  
DIE IN THE SPIRIT**



**LIVE IN THE SPIRIT  
DIE IN THE FLESH**

## **N**eeds List:

- ◆ Kleenex
- ◆ Copy Paper
- ◆ Stamps
- ◆ 1-1/2" 3-Ring Binders
- ◆ Decaffeinated Coffee
- ◆ Napkins
- ◆ Paper Towels
- ◆ Highlighters
- ◆ Clear Contact Paper
- ◆

## **P**rayer Needs:

- ◆ Staff & Volunteers
- ◆ Clients
- ◆ Families of all who are involved
- ◆ Financial Support
- ◆ Opportunities to present this ministry

### Help Needed

We are in need of a couple people who would be willing to clean the center just once a month. If there is anyone who would want to help out in this way, please contact us at 641-856-3326.

New Hope Counseling Center  
PO Box 151 • 303 W. State St. (upper floor)  
Centerville, Iowa 52544  
641-856-3326

**Summer 2005**

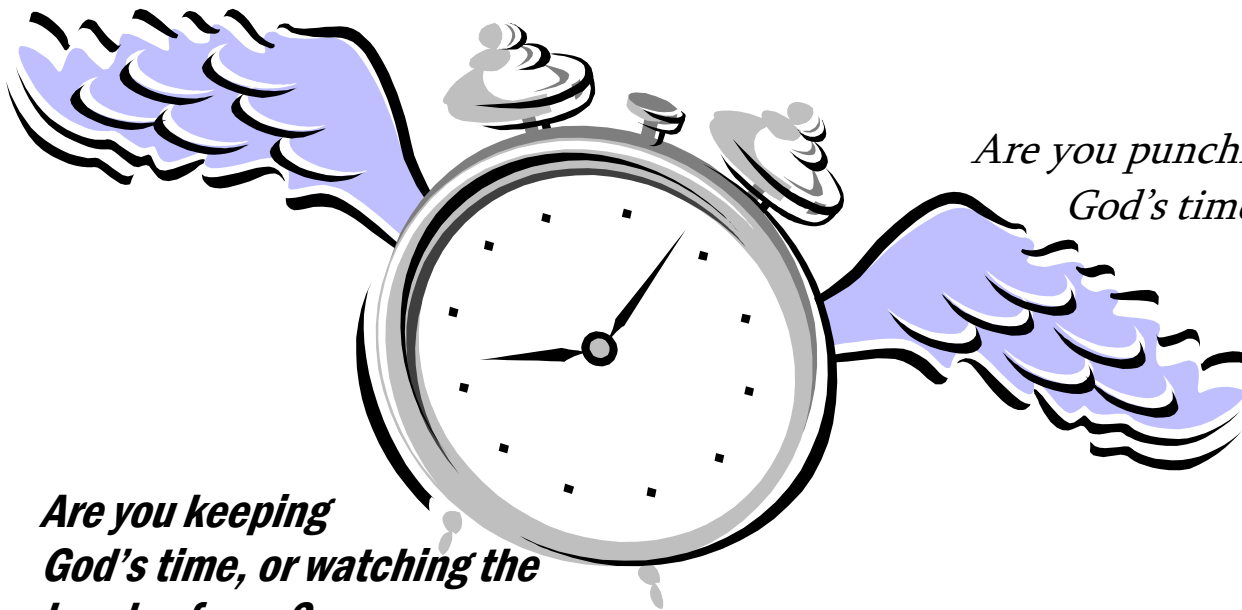
NON PROFIT

US Postage Paid  
Permit Number 154

Centerville, IA  
52544

*Wherefore he saith, Awake thou that sleepest, and arise from the dead, and Christ shall give thee light. See then that ye walk circumspectly, not as fools, but as wise, Redeeming the time, because the days are evil. Wherefore be ye not unwise, but understanding what the will of the Lord is.*

*Ephesians 5:14-17*



*Are you punching into  
God's time clock?*

***Are you keeping  
God's time, or watching the  
hands of man?***

*Do you have the time, to make time for God?!!!*